## **THURSDAY JUNE 29, 2023**

(Audience: Z - Zeta, ZA - Zeta Amicae, ZMN - Zeta Male Network)

### 9:00 am - 11:00 am

(Arrive 30 minutes early, seating is limited)

MIP Certification - Gina Merritt-Epps Z - Room Southwest Hall

10:00 am - 10:45 am

"Effective Communication"

Calandra Jones-McDonald Z,ZA,ZMN - Room 102

"Team Building Activities & Cross Chapter Bonding Activities"

Dr. M. Shayla Evans **Z,ZA,ZMN** - Room 103

### "Five Wishes"

Dr. Constance Smith Hendricks Z,ZA,ZMN - Room 104

"It's Chess, not Checkers: Developing Your Chapter's Strategic Plan"

Jaleesa L. Ivy, Ed.D. **Z,ZA - Room 105** 

"Making Cards for the Elderly, a Zeta Service Project"
Patricia Williams Z,ZA,ZMN - Room 106

"US Fish & Wildlife" Federal Resume Writing, Jobs, & Internships
Terry Whittaker Z,ZA,ZMN - Room 110

<u>11:00 am - 11:45 am</u>

"ZHOPE Basics"

Monica Robertson **Z.ZA** - **Room 102** 

"Financial Freedom: Run your race to home plate!"

Cynthia D. Elliott Z,ZA,ZMN - Room 103

**Creating an Annual Budget"** 

Kimberley D Wright Z,ZA,ZMN - Room 104

Reclaim Retain Recruit"

Betty Brackett **Z,ZA** - **Room 105** 

"Leadership Skills: Serve to Lead" Kim Mayfield **Z,ZA,ZMN** - Room 106

"Auxiliaries 101"

Calandra Jones-McDonald, Sherita Coleman, Hilda Harper Z - Room 110

# Norkshops Schedule



## **THURSDAY JUNE 29, 2023**

(Audience: Z - Zeta, ZA - Zeta Amicae, ZMN - Zeta Male Network)

1:15 pm - 2:00 pm

"MIP Course of Study Activities/Games"

Dr. Portia Ellis **Z** - Room 102

"Self Care Awareness"

Vinette Turner Sharp **Z,ZA,ZMN** - **Room 103** 

"Branding "Finer is As Finer Does"

Tieryaa Metcalf Z,ZA - Room 104

"Updates to the International Constitution and Bylaws From the Regional Perspective"

Dr. Anissa Buckner Z - Room 105

"27 Governing Documents"

Joyce Murphy **Z** - Room 106

"Good Health Wins"

NCNW Z,ZA,ZMN - Room 110

2:15 pm - 3:00 pm

"Taking Minutes"

La'Kitha B. Hughes **Z,ZA** - **Room 102** 

"Etiquette and Protocol for Generational Leaders"

Latisha M Skinner Z,ZA,ZMN - Room 103

"Establish with Benefits: 501c3"

Vivian Marvray Z,ZA,ZMN - Room 104

"Dealing with Difficult People and Conversations"

Dr. SoJuan Crenshaw Z,ZA,ZMN - Room 105

"First Time Attendees: What to do? What to say? Where to go?"

Ernestine Wilson **Z,ZA,ZMN** - **Room 106** 

"My Cup Runneth Over: Sustainable Wellbeing"

LaTonya Foster **Z,ZA,ZMN** - Room 110

# Norkshops Schedule



## **THURSDAY JUNE 29, 2023**

(Audience: Z - Zeta, ZA - Zeta Amicae, ZMN - Zeta Male Network)

3:15 pm - 4:00 pm

"Stepping Out Finer"

Lisa Jones **Z,ZA** - *Room 102* 

"Preparing Yourself for Leadership"

Dr. Denisha L. Hendricks Z,ZA - Room 103

"Estate Planning 101"

Denise Fondren Z,ZA,ZMN - Room 104

"Officer Transition"

LaQuandra Hale Banks **Z,ZA,ZMN** - Room 105

"Recognizing Signs: Human Trafficking, Sexual Assault, and Domestic Violence"

Selika Corley Funches **Z,ZA,ZMN** - Room 106

"Everything You Want to Know about the Graduate Member At Large Membership Type"

Alexis Smith Z - Room 110

4:00 pm - 5:30 pm

(Arrive 30 minutes early, seating is limited)

Risk Management Certification - Gina Merritt-Epps Z - Room Southwest Hall

## Norkshops Schedule

